Friday, June 3rd, 2016

9:30 am – 12:30 pm

Buckland Lodge
1341 Westfall Rd.
Rochester, NY 14618

With our guest speaker,
Brigit Hurley of The Children’s Agenda

The Children's Agenda Interfaith Collaborative is a working group of faith-filled people who strongly advocate for Monroe County children, from infants to young adults.

Come enjoy a picnic lunch prepared by
Church Women United’s Board of Directors

$3.00 Registration, no reservations are needed

Please bring:

Items for the health kits: shampoo, toothpaste/toothbrush, razor/shaving cream (man), deodorant (for men AND women), bar soap, washcloth, comb

Diapers and/or cash donations will be collected to purchase diapers to support the work of Sanctuary House, Catholic Family Center’s emergency shelter for women and children.

All Are Welcome - Please Join Us and Bring a Friend!
From the President

Hello out there! Can you hear me? I thought perhaps I could get your attention and ask you to consider a few questions.

Did you know that we send out almost 300 newsletters each month? If you read it, then you are up-to-date on all of our ministries as well as our scheduled monthly program celebrations (which are open to all).

Do you read it but choose not to get involved? Then sadly, you are missing out on some great opportunities. Perhaps you tell yourself “I haven’t got time for this,” or maybe “it doesn’t fit into my schedule.” I know that some of you are still employed, but we do offer at least one program event in the evening. And, if for some reason you choose not to attend a program, that doesn’t mean that you can’t get involved in one or more of our ministries. Perhaps you could order some books to help us bring the joy of reading to children in city schools, or when you shop for groceries, pick up some deodorant for a man or woman or even tooth paste to help fill our health bags. Perhaps you knit or crochet and can make a lap robe. Maybe you could even get your church involved in some of these things. We’d be glad to pick items up if you can’t find a way to bring them into our office.

If you want to see more things offered to meet your needs, call us, send an email, or write a note. We’d be glad to listen and see what could be implemented. Or, you could even come to one (or more) of our board meetings. We meet the 3rd Friday of each month at Christ the Good Shepherd church on Winton Road. You are always welcome.

We put a lot of effort into preparing our newsletter and our monthly programs, but we find that very few of you are now participating. We’d like to do even more in our community, but we can’t do it without you. We are a great organization giving women a chance to join together in Christian fellowship and friendship. So, please think about making an extra effort to rejoin our activities.

~ Shirley London, President
**Highlights from the April Bible Study**

Consider the following Bible verse:
Psalm 23 (from The Message translation of the Bible)

1-3 God, my shepherd! I don’t need a thing.
You have bedded me down in lush meadows,
    you find me quiet pools to drink from.
True to your word, you let me catch my breath
    and send me in the right direction.

4 Even when the way goes through Death Valley,
    I’m not afraid when you walk at my side.
    Your trusty shepherd’s crook makes me feel secure.

5 You serve me a six-course dinner right in front of my enemies.
    You revive my drooping head; my cup brims with blessing.

6 Your beauty and love chase after me every day of my life.
    I’m back home in the house of God for the rest of my life.

On Friday, April 1st, a group of women gathered at Trinity Emmanuel Presbyterian Church to learn more about Psalm 23. Led by Rev. Susan Maybeck, we delved into reading each line and then focusing on a single word in the line, considering what that word meant to us. We thought about this for a while, divided into small groups to further discuss our interpretations, and then gathered together once again to share our collective thoughts. We concluded our study by reading different translations of the Bible. It was a stimulating discussion, and we each went away from the session with a new view of this wonderful Psalm. Our thanks to Rev. Maybeck for giving us the opportunity to think more about what the words of this psalm really mean and helping us to gain a bit more understanding of the Bible.

~Shirley London, President
Announcements:

If you have a Facebook account, look us up and “like” us. www.facebook.com/cwurochester. Read about what the Church Women United Rochester & the Vicinity community is doing. We also list other relevant Community Events there. There are many ways to volunteer your time and get involved!

<table>
<thead>
<tr>
<th>Upcoming Meetings</th>
<th>CWU Board of Directors</th>
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<tbody>
<tr>
<td></td>
<td>Friday, May 20th at 9:30am</td>
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<td>Christ the Good Shepherd Lutheran Church, 1000 Winton Road North, 14609</td>
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Sundial Announcement
All submissions for the June Sundial must be received by Thurs, May 19, 2016
Please send to: cwuroffice@yahoo.com

Would you like to receive your Sundial by email?
Send an email to the office at cwuroffice@yahoo.com with your request!

Submissions for the Sundial are welcome over the summer.
Please send all submissions to cwuroffice@yahoo.com

CWU Office Summer Schedule
The CWU Office will close for the summer on Thursday, June 23, 2016

Many thanks to Wesley United Methodist Church for their generous donation of Health Kits!
Volunteer Opportunity:
The Community Food Cupboard welcomes volunteers to pack food bags, stock shelves, assist with food deliveries or serve as a board member. If you are able to give the gift of your time or would like further information, please call Ellen Kimbrough at 266-8462.

This month, our most needed items are:
- Peanut Butter
- Tuna
- Pasta
- Cereal

Our Health Kits go to both women and men at the Mercy Outreach Center, a not-for-profit ministry of the Sisters of Mercy located at 142 Webster Avenue. The Outreach Center exists with the generosity of medical and administrative volunteers who give their time to help meet the basic health care needs of those in the community who are denied access to medical, dental and advocacy services because of their lack of financial resources. Mercy Outreach Center is a partner organization of Mercy Community Services, Inc., which also includes residential services, supporting young mothers who are without family support.

Each Health Kit Consists of:
- Shampoo
- Toothpaste/Toothbrush
- Razor/Shaving Cream (man)
- Deodorant
- Bar soap
- Washcloth
- Small pack tissues
- Comb

To Assemble a Health Kit:
Please pack in a 1-gallon plastic bag. Please label your kit “MAN” if intended for a male recipient. There is currently a great need for men’s kits. Please bring donations to our monthly Celebrations or to the CWU Office. Thank you in advance for your help with this important ministry!
The Children's Agenda Interfaith Collaborative is a working group of faith-filled people who strongly advocate for Monroe County children, from infants to young adults. They meet monthly at Colgate Rochester Crozer Divinity School, Strong Hall on the third Thursday, 10:30-12.

One of the newest initiatives is Children's Healthy Weight, with the additional support of Mayor Lovely Warren and Foodlink. Because 1 out of 3 children in our area are overweight, schools - camps - summer programs - food cupboards - all will request donations of water bottles and non-sugary beverages.

The wider community was recently asked to advocate for more funding for subsidized child care. There are new health and safety standards required by both the federal and state governments which will also require more facility inspectors, more Department of Human Services staff training and more child care staff background checks (~$200 per person).

The annual Children's Interfaith Weekend will be Oct 16-18. The Children's Interfaith Weekend Orientation sessions (open to everyone) will be: Monday, June 20, 12:30-1:30; Thursday, August 4, 3:30-4:30; Monday Sept 12, 2:30-3:30, location TBA.

Brigit Hurley, policy analyst for The Children's Agenda will be our speaker for the June 3rd Picnic at Buckland Park Lodge. Please save the date and plan on attending.

~Mary Smith
Church Women United in Rochester and Vicinity invites you to its annual picnic!

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