

# THE SUNDIAL

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Volume XX No. 1

September 2009

## Day of Reflection

Date: Friday, October 2, 2009  
Time: 9:30 am - 12:30 pm  
Theme: "A Time for Self-Care"  
Place: First Baptist Church  
175 Allens Creek Road, 14618  
[map on back of flyer]

Registration Fee: \$3 at door (please note lunch is included)

Our first CWU program, Day of Reflection: "A Time for Self-Care," will include workshops, the presentation of the Valiant Woman Award, and a tasty lunch! Some details... The biblical story of Martha and Mary (Luke 10:38-42) has influenced women throughout the centuries. Come and explore your Martha and Mary personalities as we gather for Day of Reflection: "A Time of Self-Care." Once gathered, we will be led in a Bible study workshop by Rev. Patrina Freeman and Rev. Sue Forsyth. Dr. Stephanie Sauve, Chair of Women and Gender Studies at Colgate Rochester Crozer Divinity School, will present a second workshop on self care. The Valiant Woman Award will be presented before we gather for lunch (lunch provided). Bring a friend and enjoy the morning's activities! See the attached flier for a breakdown of the morning's activities and map to First Baptist Church of Rochester.

***Rev. Sue Forsyth, Spiritual Resources Chair***

### AT THE LODGE IN THE PARK

**June Picnic / EIA Highlights**

**By Ellie Newell, Co-Chair**

It was a beautiful day, sunny and comfortably warm, when Church Women gathered in the Brighton Town Park lodge on June 5, 2009. The agenda for the day: "Urban Gardens", a picnic lunch, and a white elephant auction. Jan McDonald, Director of Rochester Roots, was our guest speaker. Through a powerpoint presentation and substantive Q and A period, we learned a great deal about Rochester Roots - how it evolved and continues to grow.

The project includes several gardens located near elementary schools in Rochester, where the students are involved in every aspect of gardening - preparing the soil, composting, planting, weeding and, of course, harvesting. To find out more about the work of Rochester Roots including cooking classes, a small business of making lip balm and lotions from flowers, and participating in the South Wedge farm market, you may go to the website: [www.rochesterroots.org](http://www.rochesterroots.org).

**From the President**

BEGINNING THE 2009 FALL SEASON WITH CHURCH WOMEN UNITED, WE CONGRATULATE! WE WELCOME! AND WE SAY SO LONG!

**“CONGRATULATIONS”**

**Take a bow!**

**To:**

**Cheers!**



**Rev. Patrina D. Freeman  
Newly Elected State President  
of**

**Way to go!**

**Church Women United in New York State**

**Good Luck!**

May God’s richest blessings surround you as you embark on your new endeavor!

**“BEST WISHES”**

We are excited and pleased to welcome our new Office Secretary Susan Clements to Church Women United. Sue joins us with a background of diverse skills and experiences. Sue has a degree in accounting and a Master’s Degree in Business Administration. Her work experience includes serving as an Accounting Manager of a Rochester law firm and she also worked as an Accountant and Benefits Coordinator for a small Manufacturing company. We believe Sue is a wonderful match for Church Women United. Congratulations Sue, on your new position.

**JOAN CLARK**

It is hard to say so long to a person who has been the driving force for C.W.U. for the past 26 years. Job well done!

**Hard Work pays  
Off!**

**Have a tee-rrific**

**time!**

**NO deadlines to meet!!!**

**From President, Audrey T. Davidson**

**Office Hour Change from Dot Borden, Personnel Committee Chair**

We are changing the office hours slightly starting in September. The office will be open from 9:00 am until Noon, Mondays through Thursdays. Sue will be coming in to the office at 8:30 am, but will not be available by phone until 9:00 am. This change will accommodate Sue since she has a son in kindergarten who will be coming home shortly after noon. The Personnel Committee sees no problem with this slight change and the Executive Committee has agreed.

### **TASK FORCE ON COURTS REPORT**

The Task Force has continued to meet at noon on the second Thursday of the month, with the exception of August. At the June 11 meeting our guest speaker was Jason Hoge, of Monroe County Legal Assistance. He described the "Re-entry" program, which helps people with legal issues after they have completed their sentence. The biggest issue is employment discrimination, which is illegal except in cases where the type of crime prevents accessibility to certain jobs: a pedophile could not be hired at a daycare facility, or a bank-robber at a bank. Jason himself had recovered \$100,000 in the last three years suing employers for wrongful job discrimination. Some other issues addressed by MCLA, which are only for low income or elder-law cases, are wills, Medicare and Medicaid.

A fairly new court which has been observed recently is the Veterans Court. It is similar to the Drug Court, and run by the same judge, Patricia Marks, but addresses the needs of former service personnel who agree to abide by requirements of this court instead of regular incarceration. Besides acceptance of responsibility and accountability the veteran signs a contract agreeing to a treatment plan. Clean urine screens, vocational and educational goals are part of the contract. The day one observer was in court there were veterans of all ages, some with white hair and a cane, others obviously young. Members of the various service organizations were also present to help give advice. -

*Alison Wilder, TFOC Liason*

### **TFOC Meeting Change Announcement**

The September meeting of Task Force on Courts will be held on the **Third** Thursday of the month, September 17, 2009. The meeting will be at noon, at the Third Presbyterian Church, 4 Meigs Street.

*- Linda Norak, TFOC Coordinator\_*

### **August Red Wings Game - A Word of Gratitude**

Church Women United's night at the Red Wings game was fantastic! The weather was perfect, warm temperature and no bugs! It was a joyful evening with friends and family. The Red Wings won the game and the fire works was marvelous. We want to take this opportunity to thank each of you for your support and especially the support from the community.

*- Mary Ann Henry, Finance Chair*

### **News From the CWU Nominating Committee**

The CWU Nominating Committee has met to begin the process of filling positions open on its Board of Directors. Election of officers is held during December's Advent Celebration, prior to the installation service. Terms of office run for two years with the possibility of re-election for one additional term only. The committee invites suggestions of names of women who might enjoy serving on the Board which meets monthly from September to May and is responsible for planning social action projects and monthly CWU Celebrations. Please forward your written nominee suggestions to the CWU Office to the attention of **Sally Dodgson** and **Eleanor Pope**, Nominating Committee Co-Chair.

**CWU Choir Rehearsal Startup**

CWU choir rehearsals will begin on Monday, September 21st, 2009, at the Gates Presbyterian Church. Rehearsals will begin at 12:30 pm and end no later than 2:00 pm. New choir members are welcome. If anyone is interested in joining the CWU choir, please contact **Linda Moore**, CWU Choir Director, at 585-225-7027 or by E-mail at: [moorewhatnow45@aol.com](mailto:moorewhatnow45@aol.com). The CWU Choir ministers music at CWU events, nursing homes, senior citizen groups and assisted living facilities.

- Linda Moore, CWU Choir Director

## Church Women United National News

**CWU Legislative Office - Important Address Change:**

As of July 1, 2009, the National Legislative has a new contact information as follows:

**Address:** Church Women United Legislative Office **Phone Number:** (202) 481- 6933  
 110 Maryland Ave NE Suite 108 **Fax Number:**  
 Washington, DC 20002 (202) 543 - 1927  
**E-mail:** [pgbcwu@yahoo.com](mailto:pgbcwu@yahoo.com), [cwu-dc@churchwomen.org](mailto:cwu-dc@churchwomen.org) or  
[pburkhardt@churchwomen.org](mailto:pburkhardt@churchwomen.org)

**Church Women United Action Alert**

**"HEALTH: Promote the health and well-being of all peoples."** CWU Quadrennial Priority 2008-2012, block number one.

**CWU IT'S TIME TO P.U.S.H.**

Right now the faith community needs to continue to **Pray Until Something Happens** (P.U.S.H.) in health care reform. ...We invite you to hold a Prayer and Candlelight Vigil at your church or in your community. Pray for a health care reform that is inclusive, affordable, accessible and accountable.

Plan a Prayer Vigil — Prayer makes a Difference ! Congressional Representatives everywhere have praised the faith community for their calming responses and actions in the face of recent disruptive town hall meetings. As Congress concludes their recess and prepares to return to Washington, many are now recognizing the faith community's role is to be the voice of reason and to offer hope for positive change in this debate.

The faith community needs to continue to pray for health care reform that is compatible with our shared faith-inspired values: compassion, community stewardship, abundance, generosity, and concern for those who are vulnerable.

A Prayer and Candlelight Vigil can be a simple way to raise awareness and make connections with others in your community about the need for health care reform by praying, singing songs of hope, lighting candles and reading testimonies.

We invite you to plan and host a Prayer and Candlelight Vigil at your church or in the community for health care. - **Patricia Burkhardt, Church Women United Legislative Office**

**Please note:** For tips on how to hold a successful prayer and candlelight vigil, contact the CWU Rochester office at 342-2790.

## Community Food Cupboard

Our Special Needs:

Bar soap  
Toilet paper  
Peanut butter

Tea bags  
Jam or jelly

Macaroni & cheese  
Soup - low sodium & regular

Upcoming  
Meetings

### CWU Board of Directors

Friday, September 18 at 9:30  
Third Presbyterian Church, 4 Meigs Street

### Task Force on Courts

Thursday, September 17, at  
noon,  
Third Presbyterian, 4 Meigs  
Street

## CWU Short Subjects

### Fall Programs You Don't Want to Miss

#### World Community Day

Friday, November 6, 2009 at 9:30 am  
Theme: "Piecing the Earth Together"  
Christ the Good Shepherd Lutheran Church  
1000 Winton Road North, 14609

#### Advent Celebration & Annual Meeting

Friday, December 4, 2009 at 9:30 am  
Theme: "They Will Call Him Emmanuel"  
Baptist Temple  
1101 Clover Street, 14610

#### Human Rights Day

Friday, December 10, 2009 at 5:30 pm  
Theme: "Seeking Shalom"  
Downtown United Presbyterian Church  
121 N. Fitzhugh Street, 14614

For more details, please visit the CWU website at: [www.cwurochester.org](http://www.cwurochester.org) or call DUPC at 325-4000.

### Thank You

The CWUR Office would like to thank the following people for volunteering to assemble the Summer 2009 Sundial: **Marie Barker, Dee Jones** and Lifetime Assistance Volunteers: **Richard Corsetti, Linn Marie Grace, Kareen McDaniel, Benjamin Kryger** and **Ken Schffleben**.

### FYI:

All submissions for the October Sundial must be received by **Thursday, September 17, 2009**.

### Women's Health Kits

Items for kits for women leaving the Monroe County facility (**As of February 17, 2009**):  
The Health Kits consist of :

Shampoo  
Wash Cloth

Tooth Paste  
Deodorant

Sturdy Comb\*  
Tissues (small packs)

Bar Soap  
Socks

Please pack in a 1-gallon plastic bag. Please remove soap, toothpaste, etc. from any cardboard boxes or hard plastic wrapping. Please bring donations to the celebrations or to the CWU office. Items can be any size, though full size preferred. \*Please, no combs with handles.

Please Note Change: Tooth brushes are no longer needed; they are supplied at the jail.

Thanks. This is a good on-going project for a group to work on. - *Betty Allinger 663-0862*  
The Sundial

# Kids' Korner News

## **CASA (Court Appointed Special Advocates) VOLUNTEERS NEEDED**

CASA is looking for volunteers to serve as advocates for the best interests of abused and/or neglected children. Responsible adults who are interested in making a difference in the life of a child are encouraged to join CASA's team of volunteers. CASA will hold a training course for prospective volunteers in October 2009. Prior to attending the training course, prospective volunteers must submit a completed application packet and be interviewed. To learn more, please call (585) 428-5297 or visit the CASA website at [www.casarochester.org](http://www.casarochester.org).

**Reminder: School is back in session - Please Drive Carefully**

## Community News

### **JPC Needs Help to Survive** (Fred Schaeffer - JPC Board Chair)

Urgent help is needed to keep alive one of Rochester's most worthwhile ministries and valuable community resources.

In 1972, Church Women United activists Rev. Virginia Mackey and Lois Davis founded the **Judicial Process Commission** (JPC) following the Attica Uprising and its violent aftermath. For 37 years, JPC has been working to help ex-offenders, parolees, and people on probation put their broken lives back together. With resources such as re-entry services (help in procuring official identification, jobs, and housing) and active mentoring, JPC helps hundreds of men and women every year, without charge, and with a very low budget.

JPC's services are seriously challenged today. It faces a financial crisis unduplicated by any in its long distinguished past. The cover page of its May-June newsletter, "Justicia," asks members and the public for help. Mayor Robert Duffy has issued JPC a challenge: If it can raise sufficient funds from supporters, he will designate a significant amount from the city. There is another way to help. If you are interested in mentoring women ex-offenders, JPC will conduct a two-evening training session Sept. 21 and 22. Also, if you are serving on a board or foundation that might be interested in supporting JPC's work, please contact them at 325-7727 or 285 Ormond St, Rochester 14605.

All of our faiths call us to "visit the prisoner." JPC provides an agency through which we can do so.

### **LITERACY VOLUNTEER - TRAINING AND IN-SERVICE**

Sponsored by the Rochester Jewish Coalition for Literacy in partnership with GRCC.

**Dates/Time:** Monday, September 14, 2009 and Tuesday, September 22, 2009 from 7:00 - 8:30 pm

**Location:** Jewish Community Federation, 441 East Avenue, Rochester, NY 14607

If you have volunteered before, or think you would like to learn more about helping students with literacy skills, please join us at one of the above training sessions. The sessions are free.

Registration is required at 461-0490 x240 or [kbuscetto@jewishrochester.org](mailto:kbuscetto@jewishrochester.org).