

# THE SUNDIAL

Volume XVIII No. 9

May 2008

## CWU PICNIC & EIA ACTION

June 6, 9:15-1 pm Cost: \$3.00

A Jesus, Children & Beyond the 3 R=s--Resolving Conflict, Reducing Violence@

### Speakers

Teisha Maldonado, School Coordinator - Student & Family Support Center, East High School  
Debra Tandai, Assets Coordinator at the Fairport School District

@ Brighton Town Park, Carmen Clark Lodge, [handicap accessible] 777 Westfall Road;

Lunch Provided [vegetable casserole, salad, dessert, beverages]

Reservations by May 28, 2008-Call 342-2790.

Make your reservations early. The lodge can hold only 65 people.

Featuring White Elephant Auction with Rev. Sue Forsyth as our auctioneer.

Bring: 9Auction Items 9Your Own Place Setting for Lunch

### CWU Short Subjects

#### Thank You

Joan Palmer & Gloria Klink  
for assembling the April  
Sundial.



#### Holiday

The CWU office will be closed  
on Monday, May 26, for  
Memorial Day.

## Kids= Korner News

### 150 Ways to Show Kids You Care [second 25]

Notice them.	Smile a lot.	Notice when they=re acting differently.
Learn their names.	Seek them out	Play outside together.
Surprise them.	Listen to them.	Play with them.
Read aloud together.	Giggle together.	Remember their birthdays.
Say Ayes@a lot.	Be honest.	Set boundaries that keep them safe.
Listen to their stories.	Hug them.	Ask them about themselves.
Be nice.	Acknowledge them.	Tell them feelings are okay.
Be yourself.	Forget your worries sometimes and concentrate only on them.	Present options when they seek your counsel.

**Underage Drinking Tipline.....*A You know you care, make the call.*@**

\*Regional Action Phone, Inc. (RAP) and GCASA have teamed up to establish the Tipline, a prevention and intervention safety net for young people in Genesee, Monroe, Orleans and Wyoming Counties.

\*Concerned adults, teachers, students and friends now have a place to call 24 hours a day to report underage drinking parties or other activities that are harmful to the health, safety and/or welfare of young people.

\*The Tipline is anonymous, confidential and free. By calling 343-1932 or 1-800-851-1932 and providing basic information, a difference can be made, tragedy diverted, and lives saved.

**\*Did You Know?**

Alcohol has been tried by  
 44% of eighth graders  
 64% of tenth graders  
 and  
 77% of twelfth graders.

## WOMEN=S INTERFAITH COALITION

**Wednesday, May 28--Welcome and Coffee 10 am; Program 10:30-11:30 At the Jewish Community Federation, 441 East Avenue Speaker/Topic: Ginny Fifield, an active member at St. Mary=s Roman Catholic Church, will speak about her connections with the Native American Community.**

**Need a ride or want to car pool? Call Lori Friedman, President 425-0019  
 Questions about events? Connie Fedorchuk 586-5609 or  
 Jewelle Gayle-Jones 506-9618**

## Save the Dates

**Garage Sale**

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**CWU will be having a garage sale in the Mt. Olivet Baptist Church parking lot, 141 Adams St. This event will be held during the Corn Hill Festival nearby. As you are doing Spring Cleaning, please set aside any items that you no longer use or anything that you are tired of seeing around your home. We can sell them at our annual garage sale.**

**This year=s schedule: Friday, July 11-drop off and pricing items. Sale itself - Sat July 12 and Sun July 13. Further details in future Sundials. VOLUNTEERS NEEDED!**

**CWU Family Fun Night at the Red Wings  
 Friday, August 8 at 7 pm**

**With Indianapolis Indians.  
Fireworks following the game.  
More details later.**

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## COMMUNITY NEWS

### **A Crude Awakening**

**The next Living in Harmony meeting is Tuesday, May 13, 7 pm - 9 pm, at the Henrietta United Church of Christ, 1400 Lehigh Station Road. All are invited. We will watch and discuss the movie A CRUDE AWAKENING. Here is Amazon's review of the movie: An unforgettable and shocking wake-up call, A CRUDE AWAKENING offers the rock-solid argument that the era of cheap oil is in the past. Relentless and clear-eyed, this intensively-researched film drills deep into the uncomfortable realities of a world that is both addicted to fossil fuels and blissfully unaware of the looming "peak oil" crisis.**

**Drawing on an international cast of maverick energy experts and thinkers, directors Basil Gelpke and Ray McCormack debunk the conventional wisdom that oil production will continue to climb, and instead stare bleakly at a planet facing economic meltdown and conflict over its most valuable resource.**

Amidst a dark and disturbing vision of our future, A CRUDE AWAKENING hints at a humbler way of life built around sustainability and alternative energy, providing a visually stunning, boldly prophetic testament which provokes not just thought but action.

For more information, contact Elizabeth Pixley, convener (334-0977 or epixley@rochester.rr.com).  
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**Noa Baum to perform "A Land Twice Promised"**

Israeli storyteller Noa Baum will perform "A Land Twice Promised on Sunday, May 18th at 7:00 PM at Temple Beth El. "A Land Twice Promised" represents the voices of Israeli and Palestinian women with their perspectives on the conflict, touching on both historic and current themes. Noa Baum attracted an enthusiastic audience of 500 people when she last appeared in Rochester in March 2007.

The performance is free and open to the public, however tickets are necessary in advance. Tickets can be obtained at the office of Temple Beth El, which is located at the corner of Hillside and Winton Avenue South (across from the First Unitarian Church).

Safe Journey is a not-for-profit agency providing

a holistic approach to healing from domestic violence.

Our agency delivers a wide variety of practical, emotional, and spiritual support services to individuals and families who are breaking the cycle of violence and are focused on rebuilding their lives.

Situated in a secure suburban location, Safe Journey provides a safe, intimate atmosphere where survivors of domestic abuse will find allies deeply committed to supporting their journey. We recognize that rebuilding is a process with many facets and that each survivor has unique needs. Our agency offers a range of support and educational services customized to each survivor, including: PIndividual & group counseling PSelf-defense classes PAdvocacy for court & housing issues PLegal & financial workshops

PCareer & educational mentoring PReferrals to other appropriate agencies PSocial activities

All services are free & participation is strictly confidential!

**Survivor Poem**

How can one understand the complexities of the court system, attorney law and our impersonal government?

Why am I not allowed to speak, to clarify or to defend ... - Am I weak?

Why am I in debt after half an hour in the presence of those whose power and knowledge is apparently worth more than my lifetime earnings?

Why am I willing to be passive, intimidated by authorities?

I guess I need to be aggressive to demonstrate my priorities.

Everything becomes a fight.

It=s not the way it should be

so is expression a weakness of mine by choice ...

B Or by design?

**FREE HIV Testing**

Action Front Center offers free confidential HIV testing on Tuesdays and Wednesdays from 1:00-3:30 pm at 33 Chestnut Street, 2<sup>nd</sup> floor. The New York State Department of Health offers free, anonymous HIV testing on Thursdays from 9:00 am to 12:00 noon at 33 Chestnut Street, 2<sup>nd</sup> floor. The Action Front Center offers free confidential HIV testing on Thursdays from 1:00 to 3:30 pm at Aeon Baptist Church, 175 Genesee Street. For further information, contact the Action Front Center at 585-262-4330.

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**Free Mammogram Screening**

Please join Highland Breast Imaging, The Breast Cancer Coalition of Rochester and Women=s Health Partnership for our 7<sup>th</sup> annual Mother=s Day Mammogram Screening Event! Refreshments will be served.

In honor of Mother=s Day, we will be offering FREE screening mammograms to women 40 or older, who have LITTLE OR NO HEALTH INSURANCE. (If you have insurance, your insurance company will cover your mammogram according to your policy.)

Friday, May 16, 2008, 8 am to 3:30 at Highland Breast Imaging Center, Highland Hospital 1000 South Avenue, Rochester. To schedule an appointment, please call 487-3300.

**Eat at Uno=s and help Compeer Rochester!**

All you have to do is have a great meal at Uno=s Chicago Grill across from Eastview Mall on Thursday, June 19<sup>th</sup> between 11:30 AM and 11:00 PM.

Present one coupon and 20% of your bill will be automatically donated to Compeer Rochester.

To receive further info or a coupon, please call 585-546-8280 or go to [www.rochester.compeer.org](http://www.rochester.compeer.org)

**Step by Step**

Open House to Celebrate 15 Years of Growth

Wednesday, May 14, 2008....4-7 pm @ Step by Step Offices, 228 S. Plymouth

Ave Speaker at 5:45 pm B Elaine Spaul

Topic: AOne Woman at a Time@

Appetizers, desserts and beverages.

Come tour our offices, meet staff and volunteers,  
hear Elaine speak, enjoy refreshments.

**Camp Good Days and Special Times**

Please do not forget that Camp Good Days and Special Times has a week long residential camp, free of charge, for children who have lost an immediate family member to violence. Please go to our website for further information or give me, James R. McCauley Jr., a call (585) 624-5555.

You can register online and all the information is on our website [www.campgooddays.org](http://www.campgooddays.org). If there are any questions or concerns, I will assist in any way possible.

**2008 Spring Sing**

**At Covenant United Methodist Church, 1124 Culver Road, on Sunday, May 18<sup>th</sup> at 3:00. Included are selections by the Chancel Choir, Spirit Singers, Circle of Friends, Within the Circle, and others, including a new band B Squirrel in Traffic!**

**The United Methodist Women will be conducting a bake sale after the concert, and there will also be refreshments provided.**

**The concert is free and all are welcome.**

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**May 2008**

**Hold the Date for Something Special**

**When & Where: Sunday, June 8, 2008, 3 PM in the Shults Center at Nazareth College**  
**Rev. J. Paul Womack, Chaplain (Colonel) Retired, USAR will share his experiences in two Iraq wars. Paul served as a Chaplain in Desert Storm (1991) and Operation Iraqi Freedom (2004). He retired from the Army in 2007 and was awarded the Legion of Merit for his service. He has also been awarded the Bronze Star, the Meritorious Service Medal and the Army Commendation Medal. Paul is former President of the Interfaith Alliance of Rochester (TIAR) and a former president of the Greater Rochester Community of Churches (GRCC). He chaired the Interfaith Forum and other interfaith organizations while in Rochester. He is currently pastor at Trinity United Methodist Church on Grand Island, NY and will assume duties at the Hurlbut Memorial United Methodist Church at the Chautauqua Institution in July 2008. Included among his degrees is a Doctor of Ministry from Colgate-Rochester-Bexley Hall-Crozier Theological Seminary. His Talk: Proud to Have Served in A Caesar=s Army@**

# CWU PICNIC

## & EIA ACTION

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East High School

Debra Tandai Assets Coordinator at the Fairport School District

June 6, 9:15 am - 1:00 pm

Brighton Town Park--Carmen Clark Lodge

Cost: \$3.00

777 Westfall Road

(Map on back of flyer)

[Handicap Accessible]

Bring: Auction Items  
Your Own Place Setting for Lunch

Lunch Provided [vegetable casserole, salad, dessert, beverages]

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Call 342-2790 by May 28, 2008.

White Elephant Auction

with Rev. Sue Forsyth as our auctioneer