



Volume XXII No. 1

THE SUNDIAL



September 2011

DAY OF REFLECTION



- Date:** Friday, October 7, 2011
- Theme:** "For Just a Time as Now"
- Time:** 9:30 am
- Place:** First Baptist Church of Rochester
175 Allens Creek Road, 14618
- Speaker:** Rev. Peg Williams of
First Baptist Church of Rochester
- Registration:** \$3.00
- Lunch:** Complimentary Luncheon
Reservations Requested by calling the
CWU Office at 342-2790

As the days of summer wind down, we look forward to the resumption of our first Friday gatherings that begins with our Day of Reflection. Our Day of Reflection celebration is unique to Rochester's Church Women United and is a day designed for spiritual reflection and renewal.

The Reverend Peg Williams of First Baptist Church of Rochester, will share her insight on the topic: *For Just a Time as Now*. It promises to be an inspired message and time of fellowship.

A complimentary luncheon will be served. It would be helpful to the food preparers if you would call the CWU office (342-2790) to indicate your intention to join us.

All are welcome. Please bring your friends.

- Frances Garrett, Spiritual Resources Chair

Highlights from the June Picnic:

The summer picnic was a great success. We had decided that this gathering of women would be an ideal opportunity to work on some projects. We successfully completed enough health kits for all the women of the Monroe County Jail and we've a good start with supplies for next year. Thanks to everyone who brought items for the kits. We also made 50 fleece scarves which will be delivered to one of the local agencies supporting youth. We also received many beautiful afghans and lap robes from Bethany Presbyterian Church which will be distributed as needed during the year. Thanks also to all the people who so willingly shared their witness to Christ in their lives. It was a time of listening and being lifted up and we are truly grateful. Add to all this a lunch provided by the CWU Board that consisted of a delicious salad with all those great toppings. Thanks to all who participated and a special thanks to Barb Alexander and Eleanor Trescott for getting the lunch ready.

- Shirley London, June Picnic Chair

From the President

“In the midst of my busyness, O Lord, remind me to slow down and savor each moment as a gift from you...” (*Midday Prayer*, Katherine L. James, *Alive Now*, July, August, 2011, 22.)

Transitions... summer is fading as fall begins to take hold. It is the time when we “start-up” many of our activities after the respite of lazy summer days. There is so much going on and much to do in Church Women United this fall...

- We welcome Sue Clements, CWU Office Manager, back after the summer break. Sue will be in the office Mondays through Thursdays from 9:00 am to 12:30 pm.
- We did not renew our contract with our Task Force on Courts (TFOC) coordinator Carly Wise. Mary Davis, active court watcher and CWU Board member, has agreed to take the reins of TFOC as interim coordinator until the end of the year.
- We will begin searching for a full-time Task Force on Courts Coordinator... ideas?
- Our first CWU Board meeting will meet at Christ the Good Shepherd Lutheran Church on September 16th at 9:30 am.
- Our programs and celebrations are shaping up nicely for the fall. We will gather at First Baptist Church of Rochester on October 7th for our Day of Reflection.

It is so easy to get busy and lose sight of whom and what we are as Church Women United. I pray that as we walk together in these times of transition and busyness we remember “to slow down and savor each moment as a gift” from the Lord. I look forward to seeing you all this fall.

- Peace, Rev. Sue Forsyth

Welcome Interim Task Force on Courts Coordinator Mary Davis...

Church Women United is pleased to welcome court watcher Mary Davis as the Interim Task Force on Courts (TFOC) Coordinator. Mary, who has served as a court watcher for TFOC since 2003, also serves as the TFOC liaison to the Church Women United Board. During this time of transition, Mary has been busy preparing for the fall TFOC meetings with the court watchers.

Mary retired from Alling & Cory where she worked for the Chairman of the Board. She enjoys her two children, three grandchildren, and her cat, Bonnie. Mary’s hobbies include reading, knitting, and volunteering at the Community Food Cupboard and her church, the Irondequoit Presbyterian Church. We all wish the Mary and the TFOC court watchers the best!



In Memory of Marian Sweeting



Marian Sweeting, active contributor to Church Women United for many years, passed away on May 25, 2011. Marian is survived by her brother Alexander (Nettie) Peyton, nephew Rev. Howard (Estelle) Peyton, nieces Zandra Richardson and Drusilla Peyton-Taylor, step-children Janet Russell and Howard Sweeting and great nephews and great nieces and other family.

Over the years Marian was a very active contributor to her church, Mt. Olivet Baptist Church and the community through Church Women United, National Association of Negro Business and Professional Women, Rochester Federated Women’s Club and The Community Child Care Center. She was an expert seamstress and knitter/crocheter – give her fabric and she would make it happen! She will be greatly missed by both her church family and Church Women United.

Our thoughts and prayers are with her family.





A Special Thanks to
All the talented knitters
who have so thoughtfully
created wonderful afghans to share
through our Warm Up Rochester project.

Thank you to
the women of Bethany Presbyterian Church
for their gift of 5 beautiful afghans

and

Thank you to
the women of First Baptist Church of Rochester
for their gift of 3 gorgeous afghans.

Many will appreciate your gift of warmth and love.



Thank you also to the special woman
who thoughtfully donated 2 complete
Women's Health Kits

In honor of a friend

and

In memory of a friend.

We thank you for your caring gesture
of kindness to a stranger in need.

Church World Service News

WHAT'S IN THE NEWS?

With famine in the Eastern Horn of Africa worsening, global humanitarian agency Church World Service is continuing its initial response to the crisis and has announced a U.S. fundraising campaign for critically needed food and water initiatives - **this is why we CROP Walk**.

This year marks the driest period in the Eastern Horn of Africa region since 1995, with the lowest level of rainfall in more than 50 years and more than 10 million people in some way affected by the growing crisis. As a result, food security - the access to and availability of food, as well as its utilization - has deteriorated for most households in all arid and semi-arid regions in Kenya, Somalia and Ethiopia as well as other countries in the region.

The situation has become a complex crisis. Crops have failed, large numbers of livestock needed for survival have perished, and local food prices have increased substantially.

The global coordinating body for nutrition, called the Nutrition Cluster under the leadership of UNICEF, has noted that recurrent drought "resulting from consecutive years of inadequate rains, poor harvests, soaring food prices and the ongoing armed conflict in Somalia have resulted in acute food shortage in parts of Kenya and Ethiopia and famine in Southern Somalia." It said: "In Somalia, a total of 3.7 million people are affected. The most recent nutrition surveys have shown that the prevalence of global acute malnutrition ranged from 23.8 percent to 55 percent. The severe form of acute malnutrition ranged from 5.9 percent to 29.8 percent, which is exceptionally high as a rate of 5 percent is already worrying."

Church World Service's response includes both immediate relief and longer-term food and nutrition security and water initiatives. Work is focused in Kenya, Somalia and Ethiopia.

In Kenya, CWS-implemented assistance is focused on the Mwingi and Kibwezi areas and will include immediate relief (for five months) involving provision of family food packages, Unimix nutritional supplement for children under the age of five and storage of water in tanks for use by drought-affected communities.

In the longer-term, CWS will initiate food and nutrition security and livelihoods efforts and permanent water initiatives that are part of the agency's already-existing disaster risk reduction initiatives in Kenya.

While CWS's main response focus is in Kenya, the agency also is supporting efforts of fellow members of the global ACT Alliance who are responding in Somalia and Ethiopia as well.

CWS-supported efforts in Somalia are focused on contributing to the work by fellow ACT Alliance members Lutheran World Federation and Norwegian Church Aid. CWS-supported work in Ethiopia is focused on response efforts by the Ethiopian Evangelical Church Mekane Yesus Development and Social Services Commission, a long-time CWS partner.

In Somalia, CWS is supporting partner Norwegian Church Aid in providing emergency food, non-food items (shelter, clothing, and hygiene materials), psychosocial support and water and sanitation in the crisis phase. In the post-crisis phase, the agencies will assist farming and pastoral communities with livelihood recovery.

At Dadaab camp in Kenya, which currently houses some 358,000 refugees, about 1,300 refugees are arriving daily from Somalia. CWS is supporting emergency and post-emergency work by Lutheran World Federation.

The United Nations has declared that famine exists in two areas of southern Somalia, southern Bakool and Lower Shabelle. (Famine is declared when acute rates of malnutrition exist among children, exceeding 30 percent; when more than two persons per 10,000 die daily; and when people are not able to access food and other basics and their bodies are not able to utilize the food they do consume.)

HOW TO HELP: Donate online; by phone: 1-800-297-1516 or by mail: Church World Service, 28606 Phillips Street, P.O. Box 968, Elkhart, IN, 46515. On your check, write, "Attention: East Africa Drought, P.O. Box 968, Elkhart, IN 46515 (Appeal #642-L).

If you would like me to email you a PDF file of a related bulletin insert drop me an email at amanning@churchworldservice.org.

CONTACT INFORMATION:

Amy Bobbette Manning, Assistant Regional Director
Church World Service Upstate NY Regional Office
200 C Gateway Park Dr., N. Syracuse, NY 13212
Telephone: (315) 458-8535 or 1-888-297-2767 Fax: (315) 458-8542
E-mail: amanning@churchworldservice.org

CWU Short Subjects

Upcoming Meetings

Task Force on Courts

Thursday, September 8, 2011 at Noon
Third Presbyterian Church, 4 Meigs Street, 14607
Please note that TFOC meetings will now be held at Third Presbyterian.

CWU Board of Directors

Friday, September 16 at 9:30 am at Christ the Good Shepherd Lutheran Church.



Office Closing

The CWU Office will be closed on Monday, September 5, 2011 in observance of Labor Day.

Sundial Announcement

All submissions for the October Sundial must be received by **Thursday, Sept. 15, 2011**
Please send to: cwursundial@frontier.com



This month, our special needs include:

- Peanut Butter and Jelly
- Oatmeal
- Soup (both low sodium and regular)
- Tuna

WOMEN'S HEALTH KITS PROJECT

Our project collects toiletries and other small items to assemble Health Kits for incarcerated women at the Monroe County Jail. The simple items in these kits provide a tremendous boost to their self-esteem as well as a tangible sign that someone still remembers them.



Each Health Kit Consists of:

- ❖ Shampoo
- ❖ Toothpaste
- ❖ Deodorant
- ❖ Bar soap
- ❖ Socks
- ❖ Washcloth
- ❖ Small pack tissues
- ❖ Combs (without handle please)

To Assemble a Health Kit:

Please pack in a 1-gallon plastic bag. Please remove soap, toothpaste, etc. from any cardboard boxes or hard plastic wrapping. Items can be any size, although full size is preferred. Please note that toothbrushes are no longer needed; they are supplied at the jail.

Please bring donations to our monthly Celebrations or to the CWU Office.

Thank you in advance for your help with this important ministry!

Community News

WOMEN'S INTERFAITH COALITION MEETING

Wednesday, September 14, 2011

10:00 am – 11:30 pm

Jewish Community Federation, 441 East Avenue, 14607

Our speaker will be Sebastian Maroundit, one of the Lost Boys who will speak on building minds in Sudan. Please join us!



To benefit
Alternatives for Battered Women
Saturday, October 1, 2011
9 am Registration
9:30 am Walk
Eastview Mall

Walk A Mile In Her Shoes is a nationwide event that invites men to literally walk one mile in a pair of women's shoes and join in the effort to make the world a safer place as well as raise awareness about this important issue.

For more information, please visit abwrochester.org. You can also find ABW on Facebook.

JUDICIAL PROCESS COMMISSION MENTOR TRAINING

Are you interested in reducing the agony of crime victims, crime perpetrators and each of their families?
 Are you willing to help local men and women re-start their life when they come home after being incarcerated?

If your answer to these questions is "Yes", then please read on . . .

Are you willing to give returning citizens a second chance?

Will you help them re-connect with their family, find a place to live, obtain training or education, find a job, deal with addictions and interact with a myriad of agencies?

Would you like to have less crime in Rochester?

Are you interested in significantly reducing the recidivism rate?

Are you interested in saving millions of dollars each year in taxes?

If your answer is "Yes", then you have something in common with Judicial Process Commission (JPC).

JPC is a non-profit organization that has served our community for over 37 years. It offers mentoring, case management, job search assistance, resume writing, completion of Certificate of Relief of Disabilities applications and assistance with obtaining ID, food and clothing. JPC needs individuals who are concerned about the violence in our city and would like to help by becoming a mentor to someone who has been incarcerated. This will help establish their successful re-entry into the community. It has been well documented that they have a better probability of success if they have a mentor. Just to let someone know that you care, and are available for encouragement and sound, practical advice means a lot when you're fighting to get your life straightened out.

In order to make a "Yes" happen, JPC needs your involvement.

We will train you. Our next Mentor Training Event is September 19th and 20th at 84 Scio Street from 5:00 to 9:00 pm (one block from East Main near to the Eastman Theatre).

Attendance is required for both sessions. Registration is also required.

Thank you for your consideration of our request, and we look forward to hearing from you.

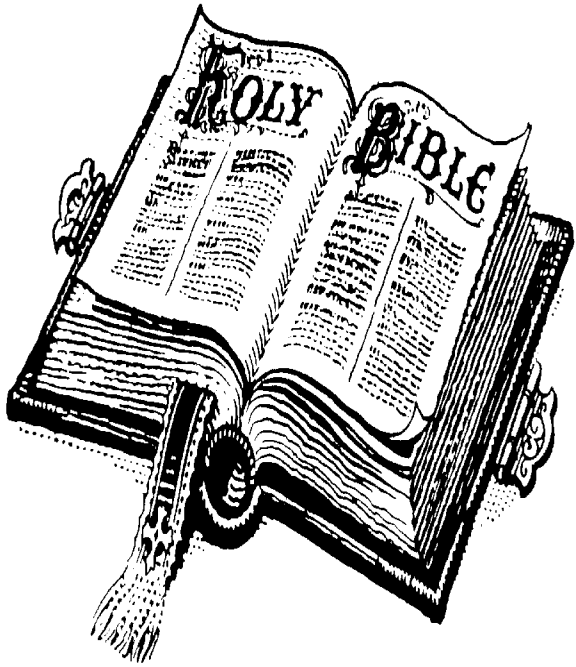
Sincerely,

Valerie White-Whittick, Mentor Coordinator

585-325-7727 or jpc6@rocjpc.org

Church Women United in Rochester invites you to our

DAY OF REFLECTION



“FOR JUST A TIME
AS NOW”

Friday, October 7, 2011

9:30 am

First Baptist Church of Rochester
175 Allens Creek Road, 14618



\$3.00 Registration at the door
Handicapped Accessible

Our Day of Reflection celebration is unique to Rochester's Church Women United and is a day designed for spiritual reflection and renewal.

Speaker: Rev. Peg Williams
First Baptist Church of Rochester

Celebration Schedule

- 9:30 Registration and welcome
- 10:00 Program
- 11:00 Break and stretch
- 11:30 Complimentary lunch and continued fellowship
To reserve a lunch, please call the CWU Office at 342-2790



Church Women United
644 Titus Ave.
Rochester, NY 14617

Phone: (585) 342-2790

Website: www.cwurochester.org

Email: cwuroffice@frontiernet.net

Office Hours: Mondays – Thursdays
9:00 am to 12:30 pm