



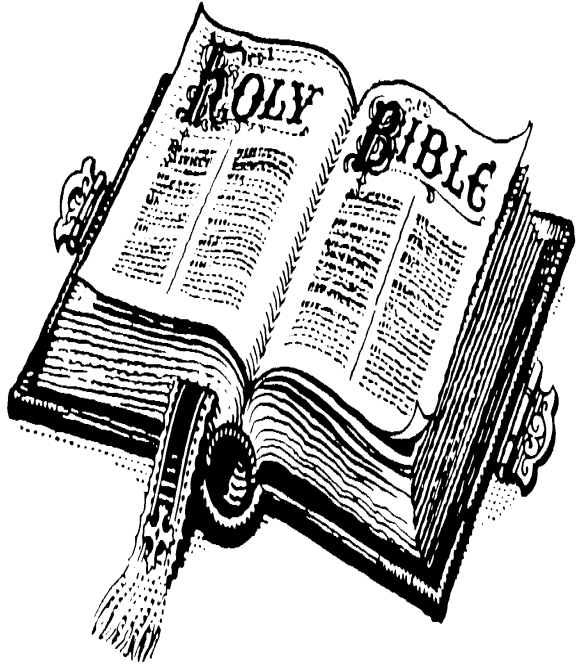
# THE SUNDIAL



Volume XXI No. 1

September 2010

## DAY OF REFLECTION



- Date:** Friday, October 1, 2010
- Theme:** "Bridging the Generational Gap in Communities of Faith: Building Blocks of Stories"
- Time:** 9:30 am – 1:00 pm
- Place:** Asbury First United Methodist Church  
1010 East Ave., 14607  
[map on back of flyer]
- Speaker:** Rev. Joanne Gilbert- Cannon  
Pastor, First Baptist Church of Brockport
- Registration:** \$3.00
- Lunch:** Complimentary Luncheon  
Reservations Requested by calling the  
CWU Office at 342-2790

Church Women United of the Rochester Vicinity look forward to the fall call for a "day of reflection" that marks the end of summer and the resumption of first Friday gatherings that bring renewal, fellowship, and challenge. The Day of Reflection is unique to Rochester's CWU, and this year's program promises to live up to expectations.

The Reverend Joanne Gilbert-Cannon, Pastor of the First Baptist Church of Brockport, will bring her lively group skills to the topic: *Bridging the Generational Gap in Communities of Faith: Building Blocks of Stories*. Pastor Joanne says, "We shall look at some scriptures and tell stories and listen." What better description of our CWU Day of Reflection could there be?

A complimentary luncheon will be served, so leave the brown bags at home. It would be helpful to the food preparers if you would call the CWU office (342-2790) to indicate your intention to join us.

All are welcome. Bring your friends.

*Sally Dodgson - Spiritual Resources Chair*

**From the President**

*He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God? (Micah 6:8)*

**Joan Palmer...**

It's hard to lose a friend like Joan Palmer. I met Joan years ago while serving on the Genesee Valley Association of the United Church of Christ (UCC) Women's Board. It was my job to represent our group on the Church Women United (CWU) Board. When I was asked to take a different position within CWU, I asked Joan to take my place on the board as the UCC representative... and our friendship began to unfold. She always thanked me for the opportunity to serve on the Church Women United Board. She felt it was an honor to serve an organization that held women's and children's issues as its focus.

Joan was one of those people that quietly work behind the scenes... helping where needed... volunteering to take health kits to the women in county jail... sitting at the sign-in table greeting guests at our celebrations... attending and participating in our Board meetings. She began bringing Sharon Listman to our monthly Board meetings. She would bring friends to our monthly celebrations. She was out there being Church Women United.

I remember distinctly how Joan helped prepare for CWU's 85<sup>th</sup> anniversary a couple of years ago... Joan proof read, went through mailing lists, wrote envelopes, made suggestions. She would bounce into my home... big smile... with her "what are we doing today attitude..." always a greeting for my husband, "Hi Tommy!" and ready to "dig in!". She was my anchor many days as we prepared for the celebration.

In the spring of this year, 2010, I announced at a CWU Board meeting that Joan had been selected as the CWU honoree for the Greater Rochester Community of Churches Faith in Action dinner... Joan was shocked! The dinner was a great affair... packed! Joan graciously received her candle and just kept saying how she didn't really deserve this honor.

Her humility shines through the thank you note she sent to the CWU Board, and I quote:

Dear Friends,

It still doesn't seem quite right to me to receive an honor for something that has been such a blessing and joy in my life. So it is for me when it comes to Church Women United.

The "Faith in Action" banquet was an absolutely memorable occasion and I felt so privileged to be the CWU honoree. I pray that I can live up to the standard of that honor.

With sincere appreciation,

Joan Palmer

Joan, there was no doubt that you lived up to the honor... your light shone where ever you went... helping a friend by feeding her cats... driving someone to a meeting or appointment... attending the baseball game with other Church Women United members and friends... faithfully attending CWU board meetings and celebrations... helping with special projects... delivering health care kits to the women's county jail... loving your church and what it meant to be church... whatever the task, Joan, you cheerfully picked it up and went forward... light shining bright... the embodiment of Church Women United. You will be missed.

**Other News...**

Thank you to our Board members who voted and passed the following changes:

- 1- Eliminate the Executive Director's position
- 2- Create the new position of Director of Community Relations
- 3- Upgrade the secretarial position to Office Manager

The Executive Director's position was eliminated in mid-August. The Executive Committee is working on a new job description for the Community Liaison position.

Mira Washington is chairing the CWU New York State Sectional to be held on September 25 from 10:00 am to 4:00 pm. Mira has requested that we provide healthy snacks and cookies (see enclosed flyer).

I look forward to seeing you this fall!

*-Peace, Rev. Sue Forsyth*

### **Highlights from the June Program and Picnic:**

It was a beautiful warm (thankfully, not hot) June morning when we met together at the Brighton Town Park Lodge on June 4<sup>th</sup>.

After coffee and conversation, we gathered to hear Julia Day, Director of the New York State Regional Division of Human Rights. The topic was "Human Rights and Wrongs for Women". It was most enlightening to hear about the variety of rights guaranteed to women in our state and, at the same time, situations not covered by regulations. Ms. Day gave many anecdotes describing cases dealt with by this regional office and included some examples from her own experience.

Before lunch Sue Forsyth recognized and thanked Linda Norak as honoree for her work as Coordinator of the Task Force on Courts for the past three years and presented her with a plaque and beautiful floral arrangement.

Lunch was provided by the CWU Board of Directors – a perfect menu for the day: salad buffet, rolls, cookies and cold beverages. Many thanks to all worked on the lunch!

About 48 persons attended the gathering, including some new-to-CWU friends.

*-Ellie Newell, June Picnic Co-Chair*

## **Church World Service News**

### **KITS**

I can't believe I am going to say this but keep your eyes open for back to school sales! School Kits give children in impoverished schools, refugee camps, or other difficult settings some of the basic tools for learning. We are in need of School Kits. Currently we have pending requests for School Kits from our partners in Pakistan, Moldova, and Liberia, not to mention areas in the US recently affected by damaging weather.

School Kits make a great community project. Recruit people who like to sew to make the bags, charge church members with shopping for the needed supplies and have the kids put them together.

### **To assemble a School Kit you will need (please only include materials as specified):**

- One pair of blunt metal scissors (rounded tip)
- Three 70-count spiral notebooks or notebooks totaling 200-210 pages (no loose-leaf or filler paper)
- One 30-centimeter ruler (12")
- One hand-held pencil sharpener
- One large eraser
- Six new pencils with erasers
- One box of 24 crayons (only 24)
- One 12" x 14" to 14" x 17" finished size cotton or lightweight canvas bag with cloth handles. (Please, no reusable shopping bags or backpacks. For a school kit bag pattern, go to [www.churchworldservice.org/site/PageServer?pagename=kits\\_schoolbag](http://www.churchworldservice.org/site/PageServer?pagename=kits_schoolbag))

Pack all items inside the cloth bag.

**CHURCH WORLD SERVICE IN ACTION - PAKISTAN**

The recent torrential rains and flooding that have affected Pakistan have left an estimated 1,600 dead and 14 million affected. Some 1.5 million people are now homeless.

**Highlights:**

- CWS in Pakistan is working in Swat, Kohistan, D.I. Khan, Shangla and Mansehra districts of Khyber Pakhtoonkwa Province; Sibbi district of Balochistan Province; and Khairpur district of Sindh Province.
- As well as implementing directly, CWS is partnering with Participatory Village Development Programme, Help in Need, known as HIN, VEER Development Foundation and Nations Capacity Building Programme, known as NCBP.
- Assistance includes food and non-food relief items, emergency shelter and basic health services.
  - The core of the response remains providing direct assistance in the following allotments:
    - Food and non-food items to 55,500 individuals / approximately 7,500 households
    - Shelter kits to 17,500 individuals / 2,500 households
    - Health care to 26,500 individuals / approximately 3,500 households

**Actions taken so far:**

- As of early August, CWS had distributed approximately 70 tons of food items to 500 households in Balochistan and Khyber Pakhtoonkwa. The procurement of an additional 630 tons of food items for 4,500 households in these provinces as well as in Sindh is currently underway for immediate distribution. 2,500 tents will also be dispatched to Balochistan and Khyber Pakhtoonkwa in the near future.
- CWS is also providing emergency health assistance through its mobile health unit in Balakot, Mansehra district. The mobile health team has already treated hundreds of flood-affected patients in Punda Balla Village and Shah Ismailabad in Mansehra. Two additional mobile health units for Swat and Kohistan are being mobilized.
- In response to an urgent request from Tehsil Head Quarter Hospital of Balakot, CWS in Pakistan has donated emergency medicine and medical supplies to the hospital to provide basic health services to affected communities. Most of the donated medicines are re-hydration salts.
- Furthermore, CWS health units under the Afghan Refugee Program have been conducting educational activities and preventive measures against water-borne diseases which have increased significantly in the aftermath of the flood. Before the onset of the floods, CWS has been managing three basic health units in Mansehra and another three in Swat. These "BHUs" have been providing preventive and curative health services to around 100,000 individuals in the area. Although some of these BHUs had to close down during the flood emergency, all of them are fully operational again and continue to serve both regular patients as well as those affected by the flood.
- In addition to the assistance proposed under this appeal, CWS will distribute another 70 tons of food to 500-flood affected families in District Allai, through the assistance of the Royal Netherlands Embassy, within the next couple of days (budget for this is not included under this appeal).
- Also, through funding from the Canadian Food Grains Bank, CWS in Pakistan is currently procuring 420 tons of food items for distribution to 3,000 affected families in Naseerabad, Balochistan Province.

**How to help:**

Contributions to support the emergency needs in Pakistan may be made online or by phone (800-297-1516), or may be sent to your denomination or to Church World Service, P.O. Box 968, Elkhart, IN 46515, Attention: Pakistan floods.

**CONTACT INFORMATION:**

Amy Bobbette Manning, Assistant Regional Director  
Church World Service Upstate NY Regional Office 200 C Gateway Park Dr., N. Syracuse, NY 13212  
Telephone: (315) 458-8535 or 1-888-297-2767 Fax: (315) 458-8542  
E-mail: [amanning@churchworldservice.org](mailto:amanning@churchworldservice.org)

**CWU NATIONAL NEWS****CHURCH WOMEN UNITED ACTION ALERT**

*“Work for policies that reduce the existence of nuclear arms.”* CWU Quadrennial Priority 2008-2012,  
Building block: PEACE  
From the Friends Committee on National Legislation—with edits ([www.fcnl.org](http://www.fcnl.org))

**START in Danger as Senate Delays**

**The Senate Foreign Relations Committee missed one of its last opportunities this year to approve the new Strategic Arms Reduction Treaty (New START) with Russia. The Senate has held 21 hearings on the treaty and heard support from just about every current and former military and civilian leader of the United States, but several influential committee members are still not ready to vote. With elections approaching and a busy Senate calendar, that doesn't leave much time for a vote on START this year.**

This delay is a setback for advancing us toward a world free of nuclear weapons.

- START is needed to further reduce the number of deployed nuclear weapons in the arsenals of our country and Russia, from 2,200 to 1,550 each.
- The treaty is also vital to U.S. national security. With the expiration in December 2009 of the first START treaty, inspections and verifications have stopped. The United States cannot send inspectors to verify Russian compliance with the old treaty limits. Those inspections can resume as soon as the new START is ratified.
- If our Senate fails to ratify START, prospects dim for future ratification of the Comprehensive Test Ban Treaty.

**Write your senators today** to urge them to speak out publicly in favor of the New START treaty and to press their Senate leadership to bring this treaty to a floor vote this fall. We at FCNL have been building support for this treaty for years. Many of you have been lobbying for the treaty as well. We have volunteers and consultants working around the country to build support in key states (especially Tennessee's Senator Corker and Georgia's Senator Isakson). Over and over again, we hear that people around the country support the treaty.

**Time is running out.** Little time remains in the crowded Senate schedule during this mid-term election year. In that short time, the Foreign Relations Committee and the full Senate would have to act. Senators Dick Lugar (IN) and John Kerry (MA) are pressing for a vote in committee on September 16 and then a vote in the full Senate before the Senate recess on October 8. Yet the Senate has a lot of other work to do, and we at FCNL know that the Senate leadership may dread spending hours or days of debate for the many amendments to START that opponents of the treaty may offer as a delaying tactic. So, the Senate leaders should hear that ratifying this treaty is important to you.

You can help. Please **write to your senators today**. Ask them to support the New START treaty and press for a vote on the Senate floor, before October 8. A sample letter is available in the CWU Rochester Office.

Thank you.

Patricia Burkhardt, Church Women United Legislative Office  
110 Maryland Ave NE RM 108, Washington DC 20002 Phone: (202) 481-6933, Fax: (202) 543-1927

## CWU Short Subjects

**Upcoming Meetings**

**Task Force on Courts**

Thursday, September 9, 2010 at Noon  
Christ the Good Shepherd Lutheran Church,  
1000 Winton Road North, 14609

**CWU Board of Directors**

Friday, September 17, 2010 at 9:30 am  
Christ the Good Shepherd Lutheran Church,  
1000 Winton Road North, 14609



**Office Closing**

The CWU Office will be closed on  
Monday, September 6, 2010  
in observance of Labor Day.

**Sundial Announcement**

All submissions for the October Sundial  
must be received by **Thursday, Sept. 16, 2010**  
Please send to: [cwursundial@frontier.com](mailto:cwursundial@frontier.com)

**Please mark your calendars and plan to join us at our next upcoming celebrations:**

World Community Day  
“Building the Beloved Community”  
Friday, November 5, 2010  
9:30 am

Advent Celebration & Annual Meeting  
Friday, December 3, 2010  
9:30 am

**Community Food Cupboard**



This month, our special needs include:

- Soup (both low sodium and regular)
- Macaroni & cheese
- Jello
- Tuna



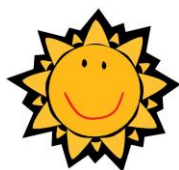
**Women’s Health Kits**

The Health Kits for women at the Monroe County facility consist of:

Shampoo		Tooth Paste	Sturdy Comb (without handle please)		Bar Soap
Wash Cloth		Deodorant	Tissues (small packs)		Socks

Please pack in a 1-gallon plastic bag. Please remove soap, toothpaste, etc. from any cardboard boxes or hard plastic wrapping. Please bring donations to the celebrations or to the CWU Office. Items can be any size, although full size is preferred. Please note that toothbrushes are no longer needed; they are supplied at the jail.

This is a good on-going project for a group to work on. Thanks.

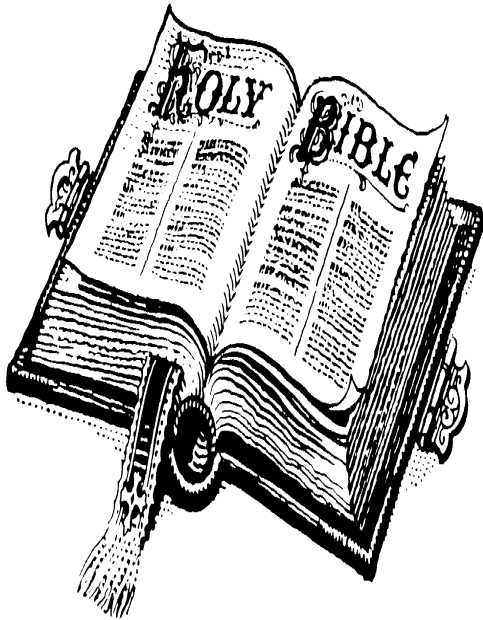


**Thank You**

The CWU Office would like to thank Lifetime Assistance Volunteers  
Lynn Marie Grace, Benjamin Kryger, Mark Leary, Kareen McDaniel, and  
Daniel Medina for assembling the Summer 2010 Sundial.

Church Women United in Rochester and Vicinity invites you to its

# DAY OF REFLECTION



Friday, October 1, 2010

9:30 am to 1:00 pm

“BRIDGING THE  
GENERATIONAL GAP IN  
COMMUNITIES OF FAITH:  
BUILDING BLOCKS  
OF STORIES”

Asbury First United Methodist Church  
1010 East Ave., 14607  
[map on back of flyer]



\$3.00 Registration at the door  
Handicapped Accessible

Speaker: Rev. Joanne Gilbert-Cannon  
Pastor, First Baptist Church of Brockport

## Schedule

9:30	Registration and welcome
10:00	Program
11:00	Break and stretch
11:30	Complimentary lunch and continued fellowship To reserve a lunch, please call the CWU Office at 342-2790

**All Are Welcome - Please Join Us!**



Church Women United  
644 Titus Ave.  
Rochester, NY 14617

Phone: (585) 342-2790

Website: [www.cwurochester.org](http://www.cwurochester.org)

Email: [cwurooffice@frontiernet.net](mailto:cwurooffice@frontiernet.net)

Office Hours: Mondays – Thursdays  
9:00 am to 12:30 pm

