



THE SUNDIAL



Volume XX No. 2

October 2009

WORLD COMMUNITY DAY 2009



- Date:** Friday, November 6, 2009
- Theme:** "Piecing Earth Together"
- Time:** 9:30 am
- Place:** Christ the Good Shepherd Lutheran Church
1000 Winton Road North, 14609
[map on back of flyer]
- Guest Speaker:** Cheryl Frank, Color Brighton Green
- Registration Fee:** \$3.00 at door
- Lunch:** Brown Bag Lunch

This year's worship and program material from national Church Women United is timely, indeed, as it focuses on care of the environment. Our speaker of the morning will challenge us to action as she brings her own experience-fed commitment to making a difference in our care of the earth and our environment.

Ms. Cheryl Frank was a violist with the New Orleans Symphony Orchestra when hurricane Katrina devastated the area. Cheryl and her husband lost their home and all their possessions. Today, the Franks, both accomplished musicians, reside in Rochester. Cheryl, a leader in Color Brighton Green, challenges all to be "doers" in protecting our planet. Her enthusiasm for the subject contributes to her expertise.

Ms. Frank and her husband have two young daughters. She is Organist and Adult Education Director at the First Baptist Church of Rochester and a student at Colgate Rochester Crozer Divinity School under the watch care of the Episcopal Diocese of Rochester.

Meeting another urgent need, attendees are asked to share in a "Shower of Soup" for our Community Food Cupboard. Please bring cans of soup for the Cupboard and your own brown bag lunch for our time of sharing and fellowship following the program.

- Sally Dodgson, World Community Day Chair

From the President

Many years ago, God led the Rochester Unit of Church Women United into a ministry and mission that would expand and deepen for generations to come. These ladies have always been caring, compassionate, and committed to peace and justice.

Programs were created to strengthen and empower families to lift themselves out of poverty and become self – sufficient. These programs promoted diversity, quality health care, quality education, fair housing, and economic justice.

Each of you worked diligently and you have dedicated your lives to the continuance of this Christian movement. However, the Rochester Unit is becoming smaller, and at times continuing some of the programs and celebrations is a challenge. I want to encourage you, and to let you know that you are appreciated, and you are loved. Keep the faith, don't quit and don't give up!

I found this poem in some e-mail which was sent to me some time ago!

Happy Mother's Day**God made a woman****With a special kind of strength****It is not a strength that overpowers;****But a strength that influences;****It is not a strength that overwhelms,****But a strength that preserves:****It is not a strength that overbears,****But a strength that endures.****Author unknown**

- Audrey J. Davidson, President

“Thoughts as a New Program Year Begins” by: Lura Masters, CWU Vice President

The media is deluging us with information. Political polarization and sensationalism are taking us into a sea of misinformation, disinformation and confusion. We are learning from twitters and blogs and sources that we can find that agree with us. And then, we get angry because there is so little respect being shown to our views.

How can we avoid the polarization and name-calling? We need to listen to each other in order to broaden our perspective in a constantly changing world. That is how we find the middle ground. It is not by quotations from past political statements or partial statements designed to disparage the opponent. We need meaningful reforms in health, education, the economy, the environment, the wars and population migration issues. We do not need "politics as usual."

Church Women United in Rochester has tackled many of these complex issues. We have brought together speakers who have educated us in what is being done and what needs to be done to improve these conditions.

No, there are no easy solutions to the problems we now face. But there are small steps that good caring people can take that we can all support. As we listen and discuss we learn first hand; we gain insight and can vote and advocate with calm cool heads and warm caring hearts. This is what unites us. There is a lot of caring and sharing in our community of faith.

I am confident that with God's help and our faith and works, Church Women United will continue to meet the needs of these trying times. It is our tradition.

CWU National News

CHURCH WOMEN UNITED UPDATE FROM THE LEGISLATIVE OFFICE

“Support programs that educate and encourage healthy lifestyles and promote prevention.” CWU Quad Priority 2008-2012.

Responding to a good question: **HOW IS THE TOBACCO BILL FUNDED?**

A “user fee” pays for the new tobacco center at the FDA, (new staff, research, etc). This is a fee paid by the tobacco companies.

This fee would increase a bit each year to make up for any decrease in sales due to overall fewer smokers. In 2011 it would be about 3 cents/pack. This fee would satisfy the PayGo requirement that Congress enacted in 2007 which mandated that to pass this bill, it would have to raise new revenue and that it could not impact the deficit.

Cuts in the “prevention funding” mentioned in the previous action alert are happening in the states. Many of the states that do have tobacco prevention and cessation programs (to help people who want to quit) are drastically cutting funding or eliminating the programs in next year’s budget to help balance their budgets.

Any new Healthcare Reform package could easily address this problem by mandating prevention and cessation programs. The danger is that in the process of trying to cut back on the cost of the bill these programs could be cut back or eliminated.

Programs such as these have proven to be effective. Hence, our action alert is to WRITE to your member of Congress and let them know that any health reform bill that they support must provide for prevention.

PLEASE SUBMIT ANY QUESTIONS TO: pburkhardt@churchwomen.org.

Thanks, Patricia Burkhardt, Church Women United, Legislative Office, 110 Maryland Ave NE RM 108, Washington DC 20002, Telephone: (202) 481-6933, Fax: (202) 543-1927

CWU State Unit News

CWU in New York State 2009 Full Board of Directors Meeting

Friday, October 16 – Saturday, October 17
Syracuse, NY

Watch The Sundial for highlights from this event.

CWU Short Subjects

Upcoming Meetings

CWU Board of Directors

Friday, October 16 at 9:30 am
Third Presbyterian Church, 4 Meigs St.

Task Force on Courts

Thursday, October 8 at noon
Third Presbyterian Church, 4 Meigs St.



REMINDER: 2009 Project Update Reports are due in the CWU Office no later than **Thursday, November 5, 2009.**

Upcoming Fall Programs

World Community Day

Friday, November 6, 2009 at 9:30 am
 Theme: "Piecing Earth Together"
 Christ the Good Shepherd Lutheran Church
 1000 Winton Road North, 14609

Advent Celebration & Annual Meeting

Friday, December 4, 2009 at 9:30 am
 Theme: "They Will Call Him Emmanuel"
 Baptist Temple
 1101 Clover Street, 14610

Human Rights Day

Friday, December 10, 2009 at 5:30 pm
 Theme: "Seeking Shalom"
 Downtown United Presbyterian Church
 121 N. Fitzhugh Street, 14614
 For more details
 please visit the CWU website at: www.cwurochester.org
 or call Downtown United Presbyterian Church at 325-4000.

Women's Health Kits

The Health Kits for women leaving the Monroe County facility (as of February 7, 2009) consist of:

Shampoo	d	Tooth Paste	Sturdy Comb (without handle please)	a	Bar Soap
Wash Cloth		Deodorant	Tissues (small packs)		Socks

Please pack in a 1-gallon plastic bag. Please remove soap, toothpaste, etc. from any cardboard boxes or hard plastic wrapping. Please bring donations to the celebrations or to the CWU Office. Items can be any size, although full size is preferred. Please note that toothbrushes are no longer needed; they are supplied at the jail.

This is a good on-going project for a group to work on. Thanks.

- Betty Allinger 663-0862

Community Food Cupboard

This month, our special needs include: Soup (both low sodium and regular)
 Peanut butter
 Toilet paper



REMINDER: Daylight Savings Time Ends Sunday, November 1st 2009

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The CWU Office will
be closed on
Monday, October 12,
2009
for Columbus Day.

Sundial Announcement

All submissions for the
November Sundial must be
received by
Thursday, October 15th.
Please send to:
cwursundial@frontier.com



Thank You

The CWU Office would like to thank the following Lifetime Assistance Volunteers:

Lynn Grace Danny Medina
Karen Kryger Carolyn Neatrou

for assembling the September 2009 Sundial.

Kids' Korner News

b	<p>HAPPY HALLOWEEN! Please drive carefully and watch out for little trick-or-treaters!</p>	C
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Community News



Breast Cancer Awareness Month



Please join Highland Breast Imaging, Health Partnership of Monroe County and the Breast Cancer Coalition of Rochester for a FREE mammogram screening day!

Free mammograms are provided for women who are 40 or older with no health insurance.

- * A Reiki Practitioner and a Massage Therapist will be providing free 10-minute sessions
- * Refreshments and music for a relaxing atmosphere

Date: Saturday, October 10, 2009

Time: 8:00am to 12:00 pm

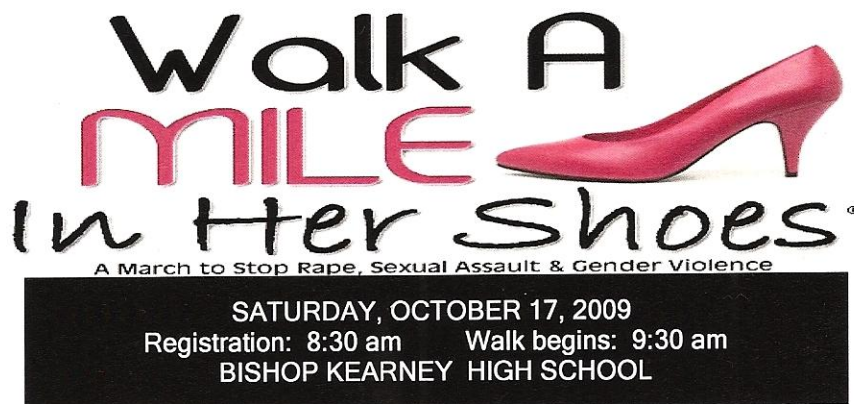
Location: Highland Breast Imaging Center, 500 Red Creek Drive, 14623

To schedule an appointment, please call 487-3300.

WOMEN'S INTER-FAITH COALITION

Date: Wednesday, October 28, 2009
Time: 10:00 am – 11:30 am
Location: Protection of the Mother of God Russian Orthodox Church
 100 Stanford Drive, Rochester, NY 14610

Please meet us at the church and join us to visit where French monks painted murals. Our speaker will be Rev. Gregory Naumeko.



Walk a Mile in her Shoes® asks men to literally walk one mile in a pair of women's shoes while raising funds for **Alternatives for Battered Women**. It's not easy walking in these shoes, but it is a great opportunity for men to educate the community about a very-serious subject. So, ladies, challenge your husbands, boyfriends, brothers, and friends. Guys, challenge your buddies and help raise awareness about this important issue.

For more information please visit:
www.abwrochester.org or www.walkamileinher shoes.org
 or call 585-232-5200, ext. 265.

RACIAL JUSTICE WORKSHOP

Date: Saturday, October 17
Time: 10am - 4pm
Location: Metro Justice Office 167 Flanders Street, Rochester 14619
Cost: \$5.00 contribution for lunch

Gathering together, in a safe environment, to discuss, explore and reveal personal, institutional and structural racism and white privilege. In this daylong workshop participants from different racial and ethnic backgrounds will participate in exercises and discussions that help develop a deeper understanding of each other and how white supremacy has functioned and been perpetuated in the U.S.

Seating is limited. Please call 325-2560 to reserve your place.

Jon Greenbaum, Metro Justice Organizer (Office (585) 325-2560 / Cell (585) 880-8731)

Church Women United in Rochester and Vicinity invites you to its

World Community Day Celebration



Friday, November 6, 2009

9:30am to 1:00 pm

"Piecing Earth Together"

Speaker: Ms. Cheryl Frank of Color Brighton Green

Christ the Good Shepherd Lutheran Church
1000 Winton Road North, 14609
[map on back of flyer]

 **Handicapped Accessible**

\$3.00 Registration at the door
Brown Bag Lunch

Day's Agenda

9:15 am	Gathering and social time with refreshments
9:30 am	Welcome and introduction to the program
10:00 am	A program of worship and challenge to action toward protecting our local and global environments
Noon	Lunch

What to Bring:

- **Please bring cans of soup for a "Shower of Soup" for the Community Food Cupboard**
- **Your brown bag lunch for a time of fellowship and action ideas**



Church Women United
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Rochester, NY 14617

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