



THE SUNDIAL



Volume XXI No. 7

April 2011

MAY FRIENDSHIP DAY 2011



- Date:** Friday, May 6, 2011
- Theme:** "Living Our Friendship, Passing on the Key"
- Time:** 5:30 pm Registration
6:00 Light Supper
Program Begins at 7:00
- Place:** United Church of Pittsford
123 S. Main Street, Pittsford 14534
[map on back of flyer]
- Speaker:** Dr. Estella Norwood Evans
Mt. Olivet Baptist Church
- Dinner:** Cost \$8.00 - Catered by *Freshwise*
(A Social Enterprise of *Foodlink*)
Menu includes sandwich, risotto salad,
fresh fruit, cookie and coffee and tea.
Reservation & Payment Required By April 28

Our key note speaker will be Dr. Estella Norwood Evans from Mt. Olivet Baptist Church which has a lasting friendship with Temple B'rith Kodesh, a reformed Jewish congregation.

As part of our May Friendship Day, we emphasize the **Fellowship of the Least Coin** and how prayer transcends any national boundary. **All are invited to bring their pennies in support of this movement for peace and reconciliation in the world.**

*Non-Perishable Food items for
The Community Food Cupboard of Rochester and Pittsford Food Cupboard
Would be greatly appreciated at this Celebration*

MAY FRIENDSHIP DAY - Dinner Reservation Form (Reservation deadline is April 28th)

Name: _____ Phone Number: _____

Address: _____ Church Affiliation: _____

Reservations at \$8.00 each: _____

Please indicate your sandwich selection: Veggie Pita
 Tuna Wheat Pita
 Grilled Portobello Wrap

Names of any additional people included in your reservation: _____

Please make check payable to "Church Women United" Phone: (585) 342-2790

Mail to: Church Women United, 644 Titus Ave., Rochester, NY 14617

From the President

As the deer longs for flowing streams, so my soul longs for you, O God.
My soul thirsts for God, the living God.
When shall I come and behold the face of God? (Psalm 42:1-2)

The season of Lent is upon us... the time of praying, fasting, penance... a time when we are invited to strip away all that distracts us from recognizing the God space within us. There are the times when we ignore or push God aside or opt to fill our God space with something other than God. And then the words of the psalmist return... a longing in the very depth of our souls... a longing for the One who never leaves us... a longing for the living God. Lent challenges us to “dust-up” and “dust-out” the dark corners of our souls and to look into the shadows of our lives as we seek forgiveness and restoration. May God’s blessing be with you this Lenten season.

-Peace, Rev. Sue Forsyth

Highlights from World Day of Prayer

Our 2011 World Day of Prayer celebration theme, “How Many Loaves Have You?”, was created by the women of Chile and it was a celebration of Chilean women who are connected through faith, generous giving, music, family and faith.

Thank you to Mira J. Washington, Chair of World Day of Prayer Celebration, and the program participants for assisting in the worship service. The bible study conducted by Rev. Delores V. Wynn of Baber AME Church was very exciting and informative. Rev. Wendy Fambro brought a wonderful message that reflected on doing more for others. We extend a special thank you to the Memorial AME Zion for such wonderful hospitality.

The Democrat & Chronicle joined us and featured the World Day of Prayer in the local newspaper and captured some of the great work that the CWU does both locally and nationally. It was truly a wonderful day of sharing and fellowship with women from all walks of life by spreading the good news in unity with women from around the world. May we continue to pray for each other daily that we continue to live in peace and harmony with our neighbors.



**Special Thanks to
The Women of
Penfield United Methodist Church
for their generous donation of
15 Health Kits
for women currently living at the
Monroe County Jail.**

**Your thoughtfulness is so
very appreciated.**

Church World Service News

JAPAN

On March 11, a 9.0-magnitude earthquake struck the northeastern coast of Japan causing widespread damage to infrastructure and human life. A massive earthquake-triggered tsunami washed away several coastal cities. The Japanese government has described the destruction and crisis as the "worst since World War II."

CWS's response centers on emergency relief support to at least 5,000 families, about 25,000 individuals, now living at 100 evacuation sites in the northeastern area of Japan – the prefectures of Miyagi, Fukushima, Iwate, Ibaragi and Tochigi. Assistance will include immediately required food items and non-food items through a partnership with the Japan Platform, known by the acronym JPF. CWS will focus on evacuation sites where basic needs of food, water, sanitation, electricity and fuel are not being met. These sites are presently being prioritized and identified by JPF.

The CWS response will include ready-to-eat food to meet calorie requirements of those living in evacuation sites. In addition, the response team will distribute sanitation kits, including napkins and soap to fill significant sanitation and hygiene gaps. Water consumption requirements at evacuation sites will be addressed, and one potential substitute for water could include prepared green tea. Blankets, accessed from sources from within the region, are being prioritized to help protect people from the cold, which is becoming an increasingly dire problem as fuel and gas supplies are running out. In order to maintain radio contact at evacuation sites, batteries will be supplied to support victims receiving vital news on nuclear and radiation related developments, information collection and communications. Gas and fuel supplies will also be provided to evacuation sites.

Relief efforts will be carried out by member non-governmental organizations of the JPF and will be coordinated with other humanitarian agencies as well as local authorities. Assistance will be delivered based upon Sphere minimum standards in terms of calorie consumption requirements, water consumption requirements and appropriate sanitation measures. The CWS Asia/Pacific head of emergencies will be stationed in Tokyo this week to coordinate the response along with CWS team on the ground. Relief items will be accessed within the Asia/Pacific region.

CWS is also coordinating with Japanese organizations that have been involved in previous international ACT Alliance disaster responses, including the National Council of Churches in Japan, the United Church of Christ in Japan and Asia Volunteer Center.

To link to more resources involving Japan follow this link

https://secure2.convio.net/cws/site/SPageServer?pagename=help_japan

You will find information about our response, **how to give**, **Japan related bulletin inserts**, and a **hymn** for Japan.

BLANKETS+

As the people in Japan face the loss of lives and their homes please help us be able to respond to Japan and other emergencies by supporting the Blankets+ program.

Consider holding a Mother's Day and/or Father's Day Blankets+ program. What a wonderful way to honor those who love and care for us.

As a reminder, we do not automatically send Blankets+ materials out.

To place an order by phone call 1-800-297-1516.

For more information or to order materials online go to www.churchworldservice.org/blankets.

**SPRING KIT DRIVE –
IN LIGHT OF THE RECENT DISASTER IN JAPAN, PLEASE HELP US RESTOCK OUR
KIT SUPPLY!**

One of the first relief items Church World Service provides after a disaster is a CWS Kit. Made from basic household items available at your local store, a CWS Kit can provide someone in crisis a way to stay healthy. Make sure a kid can continue school. Or help a family clean up their home. Following Japan's crisis, Church World Service sent kits from its regional inventories in Asia for a quicker response to communities in need. Now we must replenish the stock of CWS kits --because we'll want to respond quickly next time, too.

For more information contact the Upstate NY Regional Office at 315-458-8535 or email amanning@churchworldservice.org. For detailed information about what goes into each Kit and how to pack them, go to www.churchworldservice.org/kits.

CROP HUNGER WALK

Do you have a CROP Hunger Walk in your community? Many communities have been holding CROP Hunger Walks for a long time. Has your walk been struggling? Is there a community event or gathering of churches in your area that a Church World Service presentation could be made at? Sometimes a simple reminder of the importance of CROP Hunger dollars and the difference that funds raised make helps bring life to struggling walks. Think ahead and let us know if there are opportunities throughout the year for us to visit your community.

SHARE YOUR CWS EXPERIENCES

Want to be a star? We would love to have pictures of you and your congregation in action. If you have photos of your Blankets+ program, putting together Service Kits or at your local CROP Hunger Walk, please share them! We are always looking for photos for our brochures, website and presentations!

CONTACT INFORMATION:

Amy Bobbette Manning, Assistant Regional Director
Church World Service Upstate NY Regional Office
200 C Gateway Park Dr., N. Syracuse, NY 13212
Telephone: (315) 458-8535 or 1-888-297-2767 Fax: (315) 458-8542
E-mail: amanning@churchworldservice.org

CWU Short Subjects

**Upcoming
Meetings**

Task Force on Courts

Thursday, April 14, 2011 at Noon
Christ the Good Shepherd Lutheran Church,
1000 Winton Road North, 14609

CWU Board of Directors

Friday, April 15, 2011 at 9:30 am
Christ the Good Shepherd Lutheran Church,
1000 Winton Road North, 14609

Sundial Announcement

All submissions for the May Sundial
must be received by **Thurs, April 14, 2011**
Please send to: cwursundial@frontier.com

WOMEN'S HEALTH KITS PROJECT

Our project collects toiletries and other small items to assemble Health Kits for incarcerated women at the Monroe County Jail. The simple items in these kits provide a tremendous boost to their self-esteem as well as a tangible sign that someone still remembers them.



Each Health Kit Consists of:

- ❖ Shampoo
- ❖ Toothpaste
- ❖ Deodorant
- ❖ Bar soap
- ❖ Socks
- ❖ Washcloth
- ❖ Small pack tissues
- ❖ Combs (without handle please)

To Assemble a Health Kit:

Please pack in a 1-gallon plastic bag. Please remove soap, toothpaste, etc. from any cardboard boxes or hard plastic wrapping. Items can be any size, although full size is preferred. Please note that toothbrushes are no longer needed; they are supplied at the jail.

Please bring donations to our monthly Celebrations or to the CWU Office.

Thank you in advance for your help with this important ministry!



This month, our special needs include:

- Cereal
- Oatmeal
- Soup (both low sodium and regular)
- Tuna

Community News

WOMEN'S INTERFAITH COALITION PROGRAM

Wednesday, April 13, 2011 | 10:00 am to 12:00 pm
Jewish Community Federation, 441 East Avenue, 14607

Rev. Dr. Allison Stokes, Director of the Interfaith Chapel at the University of Rochester, will give a slide show and talk on our pioneering women "Women's Voices at the Parliament of World Religions, 1893, Chicago".

Please join us!

Church Women United in Rochester and Vicinity invites you to its

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Schedule for Event

- 5:30** **Registration**
- 6:00** **Light Supper**
- 7:00** **Program**



The **Fellowship of the Least Coin (FLC)**, a worldwide movement now in service for more than 50 years, is part of the CWU May Friendship Day Celebration. CWU is an active partner in supporting FLC. Each woman participating in FLC prays regularly for peace and reconciliation in families, work places, communities, her nation and the world. With each prayer, the woman sets aside the least coin of her nation (a penny in the U.S.). When least coins are collected each year from women in countries around the globe, the coins amount to many thousands of dollars. An International FLC committee prayerfully considers current needs in the world and spends the year's fund in grants to alleviate women's hardships and thus promote reconciliation and peace in the world.

All are invited to bring their pennies in support of this movement.

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Church Women United
644 Titus Ave.
Rochester, NY 14617
Phone: (585) 342-2790

Website: www.cwurochester.org
Email: cwurooffice@frontiernet.net
Office Hours: Mondays – Thursdays
9:00 am to 12:30 pm